

LOCATIONS

The Children's Collective, Inc. has 14 locations in the following communities:

- Greater Crenshaw
- Exposition/Los Angeles
- Manchester/Figueroa

We serve approximately 12,000 children, youth and families each year and have served the community since 1972.

BOARD OF DIRECTORS

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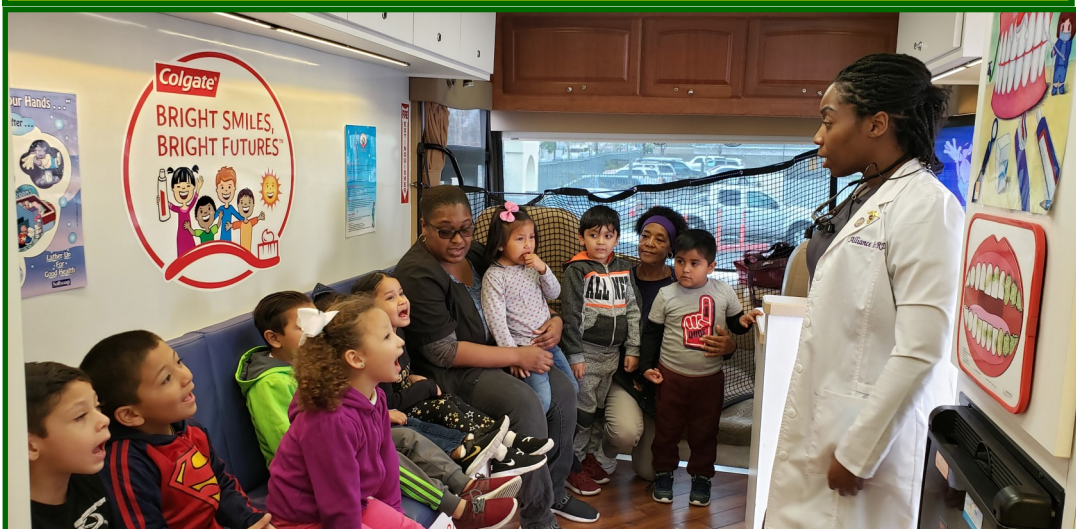
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CONTACT US !!

8616 La Tijera Blvd.
Suite 100
Los Angeles, CA 90045
(310) 870-1370
www.childrenscollective.org

Jackie Kimbrough, Ph.D.
Executive Director

CHILDREN'S DENTAL HEALTH MONTH



National Children's Dental Health Month observance brings together thousands of dedicated professionals, healthcare providers, and educators to promote the benefits of good oral health to children, their caregivers, teachers and many others. This year's NCDHM campaign slogan is "Brush and clean in between to build a healthy smile."

Participating in this national endeavor are the children at Casa Dominguez. The children were so excited when the big Bright Smiles Bright Futures mobile unit drove on to the site. They were very engaged with the dentist. She asked them questions and they were eager to respond. Before going into see the dentist, they were able to watch a cartoon that demonstrated proper oral care.



The Children's Collective Inc. continuously enrolls for Infant, Toddler, Full Day and Part Day Preschool Programs. Call 213-747-4046.

Mission Statement: To improve life outcomes for children, youth and their families in South Los Angeles by providing high quality, comprehensive, educational and support services.



CHAMPIONS FOR CHANGE FARMER'S MARKET FIELD TRIP

CFC has a wonderful partnership with Weber Community Center, a local non-profit that offers mental health and case management services to residents of South Los Angeles. Weber clients have been receiving weekly nutrition education from CFC staff for the past year. Recently, CFC led their Weber Community group on a field trip to the Central Avenue Farmer's Market. The group participated in a tour of the market where they sampled fresh, locally grown produce such as strawberries, blood oranges, caracara oranges, mandarin oranges, black apples, and a variety of freshly prepared hummus.

The group also participated in a nutrition class and food demonstration led by SEE-LA (Sustainable Economic Enterprises of Los Angeles), another CFC funded program that oversees operation of the Central Avenue Farmer's Market. During the class, participants learned about sodium content in food and ways to reduce their sodium intake. They also sampled a delicious Waldorf salad.

After the class and tour, participants explored the market at their leisure, and many purchased items from vendors. They also received information on services provided at the Farmer's Market, such as acceptance of EBT, WIC, and Market Match (which doubles CalFresh up to \$10 day).

The Central Ave. Farmer's Market is located at 4301 S. Central Ave. and runs every Thursday 10am-3pm.



Nutrition-Ed. Class & Food Touring Farmer's Market



CFC Staff and clients leaving the Farmers Market

EMPLOYMENT OPPORTUNITIES

We are hiring for the following positions: Program Coordinator at Black Infant Health, Human Resources Coordinator, Part Time College Advisor at FSC, Teachers and Teacher Assistants. For more information, call Human Resources at (310) 733-4388, Ext.106, during the hours of 9:00am - 5:00pm.

CHILD CARE AUDIT

Congratulations to The Children's Collective, Inc. on successfully passing their Child Care Audit with a 0% error rate. The California Department of Education, Early Childhood Education Division came from Sacramento to Audit the Child Care Program. A team of Auditors reviewed all of the components of the child care program: Family files, Classrooms, DRDP and ECERS. The Auditors also observed Child Care center operations.

Special thanks to Child Care Staff for their hard work as well as passing the Audit with only a few minor areas of improvement. The Child Development Department did a monumental outstanding job and the Auditors left very pleased with the program at The Children's Collective, Inc.

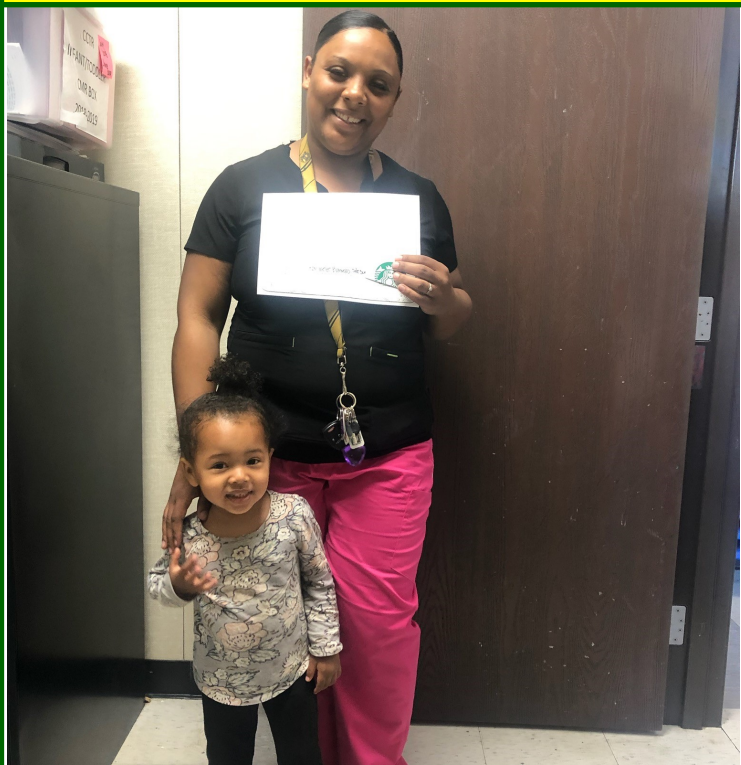
BAKING 1.0 AT VERMONT



This past spring, the children at the Vermont site learned all about baking. The children made a healthy version of raisin bread. They enjoyed measuring, opening packages, cracking eggs and pouring the ingredients into the pans. The best and favorite part of this lesson was of course, tasting their delicious creations.



PARENTS SPOTLIGHT



Destiny Pickett the mother of an active 2-year-old, Emanie, was selected as the McAlister parent of the month, because she is consistently willing to help, donate, volunteer her time and give supplies to the site. Destiny loves the staff at McAlister, and says that Emanie comes home happy each day. Destiny is a medical assistant, but in her spare time, she loves putting puzzles together with Emanie at home.

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\$6,400 cash back!

FREE TAX PREP

LOS ANGELES



IRS-certified
tax volunteers are here!

The FamilySource Center started its 2018 tax season in late January and as of the tax deadline quickly approached, they have completed over 500 tax returns. The FamilySource Center has helped families generate more than \$275,000 in Earned Income Tax Credit. The Earned Income Tax Credit is benefit for working individuals with low to moderate incomes. Individuals have to meet certain tax requirements to file a tax return to see if they are eligible for the Earned Income Tax Credit. The Earned Income Tax Credit can reduce the amount an individual owes and may give the individual a tax refund.



BLACK HISTORY MONTH



Casa Dominguez held their annual Black History Program. The children sang two songs and poems: “Jumbo, There was a Man Who Had a Dream (poem), The World is A Rainbow and Brown Girl in the Ring (poem).” Following their performance, the children named famous black leaders.

The children also learned about African-American inventors and their contribution to society. The classroom created displays filled only with things invented by black people.

This is a sample of what was included in the room:

- Ironing Board Toy (invented by Sarah Boone)
- Toy Lawn Mower (invented by John A. Burr)
- Keyboard (Player piano invented by Joseph Dickinson)
- Toy Guitar (invented by Robert Fleming Jr.)
- Bicycle (Bicycle frame invented by Isaac Johnson)
- Toy Cell Phones (Invented by Henry Sampson)
- Toy Refrigerator (Refrigerator invented by J. Standard)



The children and their families had a wonderful time exploring the different inventions by African Americans.

FAMILYSOURCE CENTER COLLEGE CORNER

College Corner is an FSC program that provides career and college guidance, support, education, and assistance to Los Angeles City youth between 14 to 21 years of age. The program provides services for SAT prep, English and Math tutoring, FAFSA workshops, college admission assistance, and employment preparation. College Corner advisors also provides one-on-one counseling to help produce a comprehensive plan that will shape and mold a realistic pathway for life after high school. The college and career pathway plan can be a lengthy process, but it prepares students to critically think about what their interests are and figure out necessary plans to achieve them.

Since the beginning of the program in 2017, the college corner has helped low-income students within the Youth Opportunity Unlimited continuation high school. College advisors prepared presentations for those students on the process of college enrollment, financial assistance, FAFSA workshops, and the different avenues available that will lead them to the different careers of their choosing. The program also provided students an opportunity to experience what college life could be by offering college trips to the campuses of their choice while connecting them to college enrollment counselors.

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Champions For Change *Rethink Your Drink* Presentation at Compton Community College

Champions For Change staff member Marcus Hamilton and Tara Barnes conducted a *Rethink Your Drink* presentation to over 60 students enrolled in Compton College's *Extended Opportunities Program and Services (EOPS)*. Marcus and Tara discussed ways to increase water intake and reduce consumption of sugary beverages. They educated participants about the chronic health risks of excessive sugar intake, such as diabetes and heart disease.

The educators also showed participants how to calculate teaspoons of sugar using the nutritional label of various sugary drinks. At the conclusion of the presentation, everyone received a recipe and sample of infused water made with cucumber, mint, and citrus (no sugar).

The activity was a huge success! Students were very engaged and CFC educators received several questions following the presentation. Many participants shared their own experiences in making healthier beverage choices. CFC plans to conduct another class sometime during late spring!



Marcus leading the "How Much Sugar" activity

College Corner Continued from Page 4

The FSC College Corner program is available for all youth 14 to 21 years of age residing in the City of Los Angeles. To participate, the parent and child meet with a case manager to complete an FSC application and intake form. If the child attends a LAUSD school, the parent will be able to meet with a counselor that will examine any services the child may need to prosper or grow in their education. Once the application process is complete, the college advisor starts the college or career pathway plan and examines what services are needed to get to the goal. The college advisor will stick with the child as he or she advances until the youth ages out, or the services are no longer desirable.

If you are interested in this experience, please feel free to contact the FSC program at (323) 789-4717; they will be able to answer any questions or concerns as well as provide you with the required documents needed for enrollment.



WHAT TO EXPECT WHEN YOU ARE EXPECTING



Heidi Murkoff, the author of “What to Expect When You’re Expecting” visited the Black Infant Health program.

Ms Murkoff’s series of pregnancy and parenting books have sold over 38 million copies in print. She is also the creator of “WhatToExpect” app, which reaches over 18 million expecting and new parents.

She also founded a non-profit organization dedi-

cated to helping at-risk moms around the world expect healthier pregnancies, safer deliveries, healthy and happy babies.

Ms. Murkoff read passages from her book, touched on various prenatal and post-partum topics, and conducted a breastfeeding presentation demonstrating proper technique. Every program participant received a signed copy of her book. This presentation was made possible by the hard work of Group Facilitator, Rene Fowlkes. This was a great experience for both clients and staff.

CHEERLEADING BANQUET HELD AT RITA WALTERS LEARNING COMPLEX

The Rita Walters Learning Complex hosted California Cheer Intensity annual “Cheer Banquet.”

The cheerleaders were recognized and rewarded for all the hard work and dedication shown throughout the cheer season. California Cheer finished the season with eight first-place trophies in the dance and cheer category for youth ages 5-16. Awards and certificates were presented to participants who maintained a 4.0 GPA during cheer season.

Several cheerleader’s GPAs improved during the cheer season as well as their attendance at the competitions. The girls stated that their parents made study harder in order to continue to be in Cheer. This desire to succeed led to an outstanding Cheer season.

